



ILCA
ILCA

Insurance Loss Control Association

ILCA E-News

August 18, 2008

President's Message:

Fellow ILCA members and loss control professionals:

2008 Conference News!

Planning for our October 2008 conference in Worthington, OH is proceeding on schedule. We will convene at the Doubletree Hotel in Worthington OH, at US Hwy 23 and I 270. The committee has worked hard to put together a great lineup of speakers to educate us. And, they continue to work in an effort to put together a second alternative "track" of presentations. The quality will be tremendous and the topics covered will be varied and timely. Please plan to join us in Worthington in October for one of the best conference values you will find in the loss control continuing education field. You can sign up on line at www.insurancelosscontrol.org.

2008 – 2009 dues

If you have paid - thank you very much. If you have not, please take a moment right now and pay your annual dues. You can do so online at www.insurancelosscontrol.org or you can pay by check if you choose. Conference receipts and expenses are just about a wash, so these annual dues are necessary to support the organization expenses throughout the rest of the year

www.insurancelosscontrol.org

Take a look at the new and improved www.insurancelosscontrol.org website. Lossing Coxeter has agreed to take over the new opposition of website liaison on behalf of the Executive Committee. He and Webmaster Jeremy Burlison will continue the efforts to create an appealing, up-to-date, and user friendly website for our members.

ILCA Sponsorship/advertisers

I ask all of us, as ILCA members, to be sure to check the advertisements in the eNews and on the website and support these valuable partners. These organizations offer great services of value to the loss control profession. Be sure and thank them for their sponsorship and support of ILCA.

Call for volunteers for Executive Board -

Please consider a further commitment to serve ILCA by volunteering to take on one of the ILCA officer chairs or to serve on one of the standing committees for the association. Officers work their way up through the chairs starting with the Secretary position. Standing committees include membership, conference planning, and nominating committees. For those that can make the commitment, please forward your contact information to Betty Ayrton at administration@insurancelosscontrol.org or (717) 898-9056 and she will forward that info to the nominating committee

Other News

New members needed! That's not really "news", but it is still true. Every organization or association like ours needs new members to replace the members we loose for one reason or another. Please recommend ILCA to your acquaintances in the loss control profession. Promote membership and conference attendance to other individuals and company staffs. ILCA itself, and the annual conference, remain tremendous professional development bargains, Dan Finn at (800) 223-2310 x 223 or Dan@us-reports.com is the ILCA membership committee chair. If you have a recruit that needs a personal contact, please let Dan know. He and his committee will take care of it.

Your comments and suggestions are always welcome!

Jack Williams, CSP, ARM, ALCM
2008 President, ILCA

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2008 Annual Conference

October 13-15th, 2008
Doubletree
Columbus, OH

On behalf of the Insurance Loss Control Association,
we invite you to join us for the

2008 ILCA Annual Conference
At the
Doubletree Inn Columbus/Worthington
Worthington, OH

We are sure you will find this year's program
informative, educational, and worthwhile, as well as an
opportunity to network with fellow members of the
insurance loss control profession.

Invite Your Underwriters!

This year we want to continue something that began a couple of years ago; inviting our underwriters. We have had several underwriters attend the conference over the past few years with very positive feedback. This gives them the opportunity to learn a bit more about the technical side of some of the operations that they insure. A bit of technical background will assist them in understanding reports from their loss control counterparts. Pass the word; invite the underwriters at your company.

Topics of the Conference

An outstanding program is being planned and will include some great topics of interest to loss control professionals. Be sure and check it out.

Topics will include:

Sprinkler System Testing & Maintenance
Forklift Safety
Future of Loss Control
Transitional Work Program
Dust Explosions
Boilers

Disaster Planning, Being Prepared for the Big One
Tower Cranes
NFPA 70 E
Fleet Safety ANSI Z15.1 Standard
A Basic Understanding of Behavior Based Safety

Are you a CSP?

Individuals who achieve the Certified Safety Professional (CSP) certification must meet recertification requirements every five years through the Continuance of Certification (COC) program. A CSP must achieve 25 points from among ten categories of activities in order to maintain certification.

Simply as a member ILCA you can obtain 1 point per year. This credit comes under the category of Safety Organization/Division Membership.



DoubleTree Hotel. Worthington, Ohio

By attending the ILCA Conference you can earn one credit point under the category for Professional Development Conference Attendance. Serving as an officer of our organization can also earn you a point under the category for Professional Service.

Serving as an officer of our organization can also earn you a point under the category for Professional Service.

Information obtained from www.bcsp.org. the publication outlining in detail and containing the rules which apply to a CSP.

We are confident you will find ample opportunity to strengthen your skills. Many of our speakers were suggested by members and come highly recommended with many years of experience in their fields and the ability to communicate their topics well.

Hotel Location-- Lots to Offer!

Doubletree Hotel Columbus/Worthington

175 Hutchinson Avenue

Columbus, OH 43235

Information about the hotel: www.doubletree.com (Columbus/Worthington)

Doubletree Hotel

The Doubletree Hotel Columbus/Worthington is a relaxing hotel located in the cross-woods community of Worthington, just off the 270/71 Interchange. The Doubletree Hotel Columbus/Worthington is located just one mile from the town center of "Downtown" Worthington.

Need Your Help!

Just a heads up. When registering for the conference in October, please make reservations at our conference hotel if possible. They have offered us a very competitive room rate, \$99.00, and we have committed to them for a specific number of room-nights. (Their normal room rates begin at \$129). If we meet our quota, the association saves on conference room costs and other fees. When you reserve your rooms at the hotel, be sure and mention that you are with the ILCA conference so that you obtain the special room rate. You may call: 614-885-3334 or 1-800-870-0349. Thanks for your support. The Doubletree is a great hotel! You will enjoy!



DoubleTree meeting facilities

Reservations by Phone

Make your reservation now! Call the Doubletree Columbus/Worthington at their toll free number at their toll free number at 1-800-870-0349 or 1-614-885-3334. Be sure to mention Insurance Loss Control to receive your discount.

Special Room Rate

Rooms are blocked from October 13-15, 2008. The group rate will be honored three days pre/post conference, based on availability. Yup, bring the family!

Reservations must be made by **September 21, 2008** in order to receive the ILCA discounted room rate.

Conference registration

Conference registration is available through the website! You can also register by sending your check to ILCA C/O Betty Ayrton, 118 Treetops Drive, Lancaster, PA 17601. Print your registration form and mail with your check.

Conference cost \$345.00 for members of ILCA, and \$395.00 for non-members.

Mark Your Calendar

Reserve the dates and mark your calendar to attend ILCA 2008. Look for more details on the ILCA website at www.insurancelosscontrol.org.

Columbus/Worthington

Located north of the city, the Doubletree Hotel Columbus/Worthington offers an upscale design in a popular suburban setting. Conveniently located within the Crosswoods development right off St. Rte 23 and the I-270 outer belt, the hotel is surrounded by more than 25 fine restaurants and a movie theatre complex. Just minutes away from Worthington Industries, JP Morgan Chase, PPG Industries, and the new Polaris Fashion Place Mall. Enjoy championship golf tournaments 10 minutes away from our hotel at the Muirfield Village Golf Club or plan a fun day at the Columbus Zoo. ed on the banks of the Scioto River in Buckeye Country, Columbus is one of the fastest growing economies in the US, driven by high-tech companies such as CompuServe. The capital of Newly Renovated 17,000 sq. ft. of Meeting Space.

Columbus/Worthington Shopping

Interested in shopping?

Worthington Square Mall	0.70 mi
Continent Mall	1.89 mi
Polaris Town Center	2.42 mi
Polaris Fashion Mall	2.47 mi
Polaris Fashion Place	2.60 mi
Graceland Shopping Center	3.39 mi
NorthPointe Plaza	3.55 mi
Columbus Square	3.97 mi
Northland Mall	4.22 mi

Make it a vacation with your spouse and come for the weekend as well. Your boss called--you deserve a little R&R!

Additional Information

To explore further the activities available in Worthington be sure to go to the website. Their website is www.worthington.org

See you at the Doubletree, October 13-15th, 2008!



SPONSORSHIP AND ADVERTISER FEES ANNUAL CONFERENCE 2008

Any company participating in sponsorship and/or advertising in the 2008 Conference will also receive free advertising in ILCA eNews for one year. You need only provide your business card.

Conference Partner Recognition \$3,000.00

Includes exhibit space and 2 full registrations. (Registrations must be in our hands by 9/15/08). We welcome you to make a two minute "presentation" to the attendees during the conference. We will insert your 3 hole punched brochure into our conference binder. Thank you.

Event Sponsor

Sponsor specific portions of the conference. We will announce and recognize your company before the break or meal that you sponsor.

Breakfast	\$500.00
Morning Break	350.00
Lunch	1,000.00
Afternoon Break	350.00

Advertising in the Conference Binder

B&W advertisement in the conference binder (you provide the **one side page** finished document, we produce in black and white and include in the binder). Materials need to be in our hands by **September 1, 2008**.

B&W one side page (8 1/2 x11) 150.00
B&W two sided 250.00

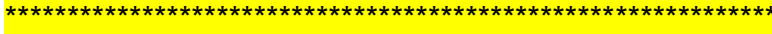
Color advertisement, brochure, or flyer we will add to our binder. These **must be 3 hole punched**. Materials need to be in our hands by **September 1, 2008**.

Color, 3 hole punched, one side page 150.00
Color, 3 hole punched, two sided 250.00

Exhibitor Space

1 Table - One day only 200.00
1 Table – Entire Conference 350.00

Circle or check off your preferred selection and forward with check to the ILCA address provided at the top of this form.



New Web Site Link

Educational resources!

ILCA continues to be an outstanding opportunity for continuing education for the loss control professional. With this goal in mind we have added an area to the website to provide links to training and educational resources. Follow the link for "Education" and then "Training Resources."
www.insurancelosscontrol.org/

Membership Renewal

Thank you for taking the time to go online and renewing your membership! Membership renewal is now only \$75. The membership year is from July 1 through June 30 annually. The ILCA website is
www.insurancelosscontrol.org/
Follow the link for "Join ILCA/Pay Dues."

Thanks to our vendors and sponsors!

Please visit the ILCA Website. Follow the links to our Vendor Directory for info about these companies and their services:

To our sponsors, thank you so much! Your assistance and support are greatly appreciated!

Website ad space is available. Website banner ads can be arranged. We welcome your inquiry!



US-Reports, Inc.
 Local Regional National
 www.us-reports.com | 800-223-2310

US-Reports, Inc.
 5802 Wright Drive
 Loveland, CO 80538
 Toll Free: 1-800-223-2310
 Phone Number: (970) 593-9888
 Fax Number: (970) 278-0621



Midwest Technical Inspections, Inc.

Midwest Technical Inspections, Inc.
 5555 Arlington Drive East
 Hanover Park, IL 60133
 Toll Free: (800) 451-5621
 Phone: (630) 894-4110
 Fax: (630) 539-4526



TranStar
 Technical Services, Inc.

TranStar Technical Services, Inc.
 3225 Shallowford Rd., Ste 230
 Marietta, GA 30062
 Toll Free: 1-800-993-2990
 Phone Number: (678) 236-9005
 Fax Number: (678) 236-9014

Insurance Systems, Inc.

81 The East Mall, Suite 101
 Toronto, ON
 Toll Free: 1-877-777-2231
 Phone Number: (416) 249-2260
 Fax Number: (416) 249-8935

Fax: (630) 539-4526

ISI Insurance Services

P.O. Box 458
 Chalk Hill, PA
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 Phone Number: (724) 329-1525
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One Call/J.U.L.I.E

The following is an excerpt from a recent article in the Philadelphia Inquirer.

Plumber Electrocuted digging trench

A plumber excavating a trench was electrocuted after striking a 13,000 volt underground line in West Philadelphia, causing a short circuit that shut service to 1,300 customers.

A spokesman for PECO energy said the contractor has failed to notify utility companies before digging. The plumber's equipment came in contact with the high power line killing him instantly. Under state law anyone planning to excavate is required to call the PA One Call System three days in advance so that utilities can mark the location of underground lines.

The FCC in 2006 assigned the number 811 as the National One Call number that anyone can use to contact companies to locate underground lines.

Workplace Insurance

The following is an excellent website

<http://www.worksafebc.com/insurance/>

HRH Risk Control

September Will Mark 5th Annual National Preparedness Month

Those individuals looking for the perfect opportunity to promote emergency awareness within their families, communities, and businesses need look no further. The Department of Homeland Security has announced September as the 5th Annual National Preparedness Month. Last year, over 1800 national, regional, state, and local businesses and organizations participated by hosting events and trainings as well as distributing emergency preparedness information. Sponsored by the department's Ready Campaign, National Preparedness Month helps to raise awareness and promote action by Americans, businesses, and communities on emergency preparedness. Said Homeland Security Secretary Michael Chertoff, "As we approach our fifth National Preparedness Month, I want to thank the hundreds of coalition members who are making a difference in their communities by helping raise the basic level of preparedness in our country. Individual preparedness is the cornerstone of emergency preparedness. Experience shows that if Americans take steps ahead of time, they stand a much better chance of coming through an emergency unharmed and recovering more quickly."

Persons or organizations interested in obtaining more information about family, business, and community preparedness can visit www.ready.gov or call 1-800-BE-READY to receive free materials.

Mike DuBose, CSP, CPP, CBCP

Parsippany, NJ

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Gas Prices: What can you do?

Prices at the pump are becoming more and more painful, and for most people, there's little relief in sight. Yes, you can walk, carpool, or use public transportation (most transit systems have experienced growth over the past few months), but when you must drive, there are things you can do to soften the blow of your gas bill.

1. Clean it out! If you're carrying unnecessary weight in your car, taking it out can lower your fuel consumption. Removing 100 extra pounds could mean you use 2% less gas.

2. Shop around. While it doesn't pay to drive around looking for the lowest gas price, sites like gasbuddy.com can tell you the location of the cheapest gas in your area.

3. Keep up on maintenance. Regular tune ups and oil and filter changes can save you money. Proper inflation of your tires alone can save you up to 3% in gas.

4. Aerodynamics, anyone? A luggage rack, bicycle, or canoe that you're too lazy to remove can also cost you, and at high rates of speed, open windows cost more than air conditioning.

5. Calm down. Aggressive driving can raise fuel consumption by more than 30 percent.

HRH □ Corporate Headquarters, Glen Allen, VA □ www.hrh.com

The Sun: Friend or Foe?

These days, it's extremely difficult to know how and when to protect yourself from the sun's rays, especially when some studies suggest that moderate sun exposure can actually be beneficial. Studies have suggested that moderate sun exposure can keep depression away, help with bone health and even ward off some forms of cancer!

Still, despite the potential for a moderate amount of sun to be friendly, it can still be quite dangerous in large doses. Extreme sun and heat can cause major problems for the body – the most obvious of which is sunburn. Lesser-known, but equally dangerous heat-related illnesses include: heat rash, heat cramps, heat stroke, and heat exhaustion.

Heat – Related illnesses occur when the body becomes unable to regulate its temperature, and are most dangerous for children under 4 and adults age 65 and older. People who are overweight or on certain medications are also at a particular risk for heat-related illnesses.

Heat rash – A skin irritation caused by excessive sweating during hot, humid weather. Heat rash looks like a red cluster of blisters or pimples. It is most likely to occur on the neck and upper chest, or in the body's creases. Though uncomfortable, most cases of heat rash are not serious and will go away on their own in a few days.

Heat cramps – These cramps are caused by a lack of moisture and salt in a person's muscles. People who sweat a lot during vigorous activity are most prone to heat cramps. Note that these cramps might also be a symptom of heat exhaustion (see below). If you are afflicted with heat

cramps, stop any strenuous activity for a few hours, even after the cramps subside. If cramps last more than 1 hour, seek medical attention.

Heat exhaustion – A milder form of heat-related illness than heat stroke, heat exhaustion often occurs after several days of exposure to high temperatures and poor hydration. Victims of heat exhaustion might be pale, weak, dizzy, or nauseous, and may have headaches or muscle cramps. Untreated heat exhaustion can progress to heat stroke. If you suffer from any of these symptoms, move to a cool atmosphere, rest, and drink cool beverages. You may want to take a cool shower or bath as well. If symptoms worsen for more than an hour, seek medical attention.

Heat stroke – Heat stroke is the most serious heat-related illness and can cause death or permanent problems if not treated quickly. In a span of 10 to 15 minutes, the body's temperature can rise to 106°F or higher. Similar symptoms to those of heat exhaustion will be present, though intensified. Additional symptoms could include confusion, unconsciousness, or skin that is hot and dry due to the victim's inability to sweat. Remember that these intense symptoms may indicate a life-threatening emergency – you should seek immediate medical assistance. In the meantime, a heat stroke victim should be moved out of the sun, and cooled off by any available means (shower, bath, fans, etc).

Summer can sting with bees in the air

If you've been stung by a bee, you know that it...well...stings. You also probably know that, once stung, you should remove the stinger and apply a cold compress. But did you also know that:

1. You can reduce your risk of being stung by wearing light-colored clothing.
2. Bananas and banana-scented toiletries especially attract bees.
3. Bees are especially active during the warmest hours of the day.
4. Bees release a chemical when they sting someone, which alerts and attracts other bees.
5. Poor personal hygiene can attract bees, and sweat can even anger them.
6. A bee sting comes with a slight risk of a tetanus infection, since their stingers pierce the skin.
7. Bees can only fly about 15 mph.
8. Bees are the only insects that produce food eaten by humans.
9. Bees have been around for over 30 million years.
10. Bees must visit about 2 million flowers to make 1 pound of honey.

Don't worry, I won't fall...

Being safe while on a ladder seems like common sense, yet somehow over 164,000 emergency room visits in the United States are the result of ladder-related accidents. Most people know not to climb too high or lean too far, but accidents still occur, often because known dangers simply aren't taken seriously.

Some risks involving ladders have less to do with the ladder itself and more to do with your surroundings when you are using the ladder. For example, if you must set a ladder up in front of a door, be certain the door is locked, blocked, or guarded. In addition, be sure that your surroundings provide a surface that is both level and hard. A ladder that rocks or sinks into the ground can be extremely dangerous.

The ladder itself, when used improperly, can also be extremely dangerous. Straight ladders should be at least 3 feet higher than a roofline or a working surface, and should be set up at about a 75-degree angle (this means that the ladder should be 1 foot away from the structure it is supported by for every 4 feet of height). You should never stand on the top 3 rungs of a straight ladder. Folding ladders should always be unfolded and locked in the open position according to product directions – they should never be used unfolded as a substitute for a straight ladder.

In general, ladders should not be left unattended, and you should always follow any instructions or warnings (these might be printed right on the ladder). All ladders have a maximum load rating, which specifies the amount of weight that can be supported, so take care not to exceed this limit. Two people should never use a ladder at the same time.

Finally, consider your surroundings before climbing a ladder. Determine ahead of time whether you might encounter any external obstacles, dangers, or surprises, like insects, birds, slick surfaces, or strong winds. Any of these unexpected or startling elements could cause you to fall.

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or by e-mail at safewatch@hrh.com. We welcome your comments and suggestions.

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A Publication of HRH Risk Control Services

Articles Needed for our Website:

The Executive committee of the Insurance Loss Control Association would like to improve their website to make it more useful for you, our members. One of the main purposes of ILCA is education, and articles on our website would be one additional way to do this. So we ask for your help in submitting articles you have written or would like to write. Many of you have written articles for publications or your company. We are looking for articles on all types of loss control related subjects to include in a database of articles for our members to reference. We look forward to receiving your articles to further improve our website.

Please forward your article to: secondvp@insurancelosscontrol.org