



ILCA  
**ILCA**

# Insurance Loss Control Association

ILCA E-News

June 20, 2007

**OSHA says:**

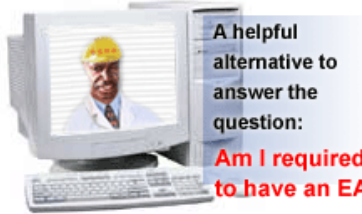
## Do I Need an Emergency Action Plan?

**Almost every business is required to have an emergency action plan (EAP).**

If fire extinguishers are required or provided in your workplace, and if anyone will be evacuating during a fire or other emergency, then OSHA's 29 CFR 1910.157 requires you to have an EAP.

The only exemption to this is if you have an in-house fire brigade in which every employee is trained and equipped to fight fires, and consequently, no one evacuates.

### Ask the OSHA expert!



In most circumstances, immediate evacuation is the best policy, especially if professional firefighting services are available to respond quickly. There may be situations where employee firefighting is warranted to give other workers time to escape, or to prevent danger to others by spread of a fire. In this case, you as the employer are still required to have an EAP.

To help you decide whether to have employees evacuate or fight fires, see the Fight or Flee? section of the OSHA eTool.

Still unsure about whether you are required to have an EAP??? Use OSHA's Expert System to help you determine whether you are required to have an EAP.

Here's a link to OSHA and the above article: <http://www.osha.gov/SLTC/etools/evacuation/need.html>

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## President's Message:

Fellow ILCA members and loss control professionals:

### 2007 Conference Agenda!

The conference information below has been updated since the last *ILCA eNews*. Be sure and check it out. )

We are looking forward to seeing everyone in Lexington, Kentucky on October 29-31, 2007! Be sure and mark your calendars. The website will be ready to process your conference registration beginning June 25, 2007.

### Membership renewal

It's that time of year! As I mentioned in previous notes, we have adopted a single membership fee regardless of the number of members from any particular company. It remains at \$65. The membership year is from July 1 through June 30 annually. Please take a moment to renew your membership online through the website. Follow the link for "Join ILCA."

### Newsletters—Have you read a good article?

*ILCA eNews* is distributed electronically via e-mail. We welcome your comments and input. We encourage ILCA members to submit articles for publication as well! Do you have information that could be shared to benefit others in the industry? Want to be recognized in a publication that the entire ILCA membership receives? Interested authors only need to submit a short biography, photo, and at least a one-page article! We know the members of ILCA would enjoy hearing about your industry experiences! Contact the Executive Office at (440) 946-8397 or via email at

administration@insurancelosscontrol.org for details on article submission.

If you have specific topics you would like to see covered in the newsletter articles, let us know.

### Sponsorship/advertisers

ILCA continues to an outstanding opportunity for professional development! Membership dues and conference fees are very economical! And the conferences are chock-full of excellent speakers and topics. Check the website regularly for updates covering the 2007 conference and for additional information on membership. If you are already an ILCA member, pass the word. If you are looking for an opportunity for professional development we hope to welcome you and your staff aboard!

See you in Lexington!

Barry Reutter, ALCM, CSP, CPCU, CPSI  
President, Insurance Loss Control Association

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## Web Site Updates

We are working on updating some of the information on our website and will keep you posted about ILCA issues and conference plans. Check the website regularly. [www.insurancelosscontrol.org/](http://www.insurancelosscontrol.org/)

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## 2007 Annual Conference

**October 29-31, 2007  
Hyatt Regency Lexington  
Lexington, KY**



On behalf of the Insurance Loss Control Association, we invite you to join us for the

**2007 ILCA Annual Conference  
At the  
Hyatt Regency in Lexington, KY**

We are sure you will find this year's program informative, educational, and worthwhile, as well as an opportunity to network with fellow members of the insurance loss control profession.

### Invite Your Underwriters!

This year we want to follow up on something that began over the last two years--servicing our underwriters. Be sure to invite the underwriters at your company. We have had several underwriters attend the conference over the past couple years with very positive feedback. This gives them the opportunity to learn a bit more about the technical side of some of the operations that they insure. A bit of technical background will assist them in understanding reports from their loss control counterparts. Pass the word!

We look forward to seeing you in Lexington!

### Topics of the Conference

An outstanding program is being planned and will include some great topics of interest to loss control professionals. Be sure and check it out.

Topics will include:

- Campus Safety
- Certified Loss Control Designation
- Thermal Imaging
- Work Place Safety, Ergonomics
- Machine Guarding
- Silica Exposure
- Fleet Safety
- Builders Risk
- Hexavalent Chromium (Respiratory Protection)

The topics will cover a wide range of loss control interests. Our speakers come highly recommended with many years of experience in

their fields and the ability to communicate their topics well.

### Hotel Location-- Lots to Offer!

Hyatt Regency Lexington  
401 West High Street  
Lexington, KY 40507  
Information about the hotel:  
[www.lexington.hyatt.com](http://www.lexington.hyatt.com)

### The Hyatt Regency Lexington



The Hyatt Regency Lexington is located in the heart of downtown Lexington. The hotel has complimentary hard-wired high-speed internet access, an indoor pool, a health facility and complimentary overnight self-parking.

### Need Your Help!

Just a heads up. When registering for the conference in October, please make reservations at our conference hotel if possible. They have offered us a very competitive room rate, \$105. And we have committed to them for a specific number of room-nights. (Their normal room rates begin at \$154). If we meet our quota, the association saves on conference room costs and other fees. When you reserve your rooms at the hotel, be sure and mention that you are with the ILCA conference so that you obtain the special room rate. Thanks for your support. The Hyatt is a great hotel! You will enjoy!

### Lexington, Kentucky!

Horses and history! Lexington is known for Horse and Riding Enthusiast activities such as Keenland Race Course, Thoroughbred Center, Kentucky Horse Park, and the American Saddle Horse Museum. For those interested in historical sites, Lexington has "Ashland," the former home of an American statesman, Henry Clay. This is a National Trust Historic Landmark. And be sure to visit the Mary Todd Lincoln House. There are many other historic areas to explore since Lexington is over 225 years old. And music! The city has a wide variety of live music including Jazz and Blues.

### Lexington shopping

Interested in shopping? Lexington has downtown shopping areas, including Victorian Square, which is a renovated block of Victorian Buildings, various antique shops, and an eclectic mix of shops around the University of Kentucky. There are also several malls in and around Lexington, including the largest mall in Kentucky, Fayette Mall.

Make it a vacation with your spouse and come for the weekend as well. Your boss called--you deserve a little R&R!

### Additional Information

To explore further the activities available in Lexington be sure to go to the website for Lexington Convention and Visitors Bureau. Their website is [www.visitlex.com](http://www.visitlex.com).

### Reservations by Phone

Make your reservation now!

Call the Hyatt Regency Lexington at their toll free number at their toll free number at 1-800-233-1234.

### Special Room Rate

Be sure to request the Insurance Loss Control Association 2007 rate of \$105.00 plus tax (single/double/triple/quadruple occupancy are the same rates).

### *Please Note:*

Rooms are blocked from October 29-31, 2007. The group rate will be honored three days pre/post conference, based on availability. Yup, bring the family!

Reservations must be made by October 5, 2007 in order to receive the ILCA discounted room rate.

### Mark Your Calendar

Reserve the dates and mark your calendar to attend ILCA 2007. Look for more details on the ILCA website at [www.insurancelosscontrol.org](http://www.insurancelosscontrol.org).

### Conference registration

Conference registration will be available through the website beginning June 25, 2007.

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## Thanks to our vendors and sponsors!

**Please visit the ILCA Website.  
Follow the links to our Vendor  
Directory for info about these  
companies and their services:**

To our sponsors, thank you so much! Your assistance and support are greatly appreciated!

Website ad space is available. Website banner ads can be arranged. We welcome your inquiry!

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**Midwest Technical Inspections, Inc.**

5555 Arlington Drive East  
Hanover Park, IL 60133  
Toll Free: (800) 451-5621  
Phone: (630) 894-4110  
Fax: (630) 539-4526

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**Insurance Systems, Inc.**

81 The East Mall, Suite 101  
Toronto, ON  
Toll Free: 1-877-777-2231  
Phone Number: (416) 249-2260  
Fax Number: (416) 249-8935

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**TranStar  
Technical Services, Inc.**

3225 Shallowford Rd #230  
Marietta, GA 30062  
Toll Free: 1-800-993-2990  
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Fax Number: (678) 236-9014

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**ISI Insurance Services**

P.O. Box 458  
Chalk Hill, PA  
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Phone Number: (724) 329-1525  
Fax Number: (724) 329-1529

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**US-Reports, Inc.**

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Loveland, CO 80538  
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Phone Number: (970) 593-9888  
Fax Number: (970) 278-0621

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**Article from NHTSA website**

**Breakthrough Research on  
Real-World Driver Behavior  
Released**

Thursday, April 20, 2006  
Contact: Sherri Box, VTTI  
Telephone: (540) 231-1549

Contact: Elly Martin, NHTSA  
Telephone: (202) 366-9550

**NHTSA,  
Virginia Tech Transportation  
Institute Release Findings of  
Breakthrough Research on Real-  
World Driver Behavior, Distraction  
and Crash Factors**

Driver inattention is the leading factor in most crashes and near-crashes, according to a landmark research report released today by the National Highway Traffic Safety Administration (NHTSA) and the Virginia Tech Transportation Institute (VTTI).

Nearly 80 percent of crashes and 65 percent of near-crashes involved some form of driver inattention within three seconds before the event. Primary causes of driver inattention are distracting activities, such as cell phone use, and drowsiness.

“This important research illustrates the potentially dire consequences that can occur while driving distracted or drowsy. It’s crucial that drivers always be alert when on the road,” said Jacqueline Glassman, acting administrator of NHTSA. Her remarks were made during a news conference today at VTTI in Blacksburg, VA.

The 100-Car Naturalistic Driving Study tracked the behavior of the drivers of 100 vehicles equipped with video and sensor devices for more than one year. During that time, the vehicles were driven nearly 2,000,000 miles, yielding 42,300 hours of data. The 241 drivers of the vehicles were involved in 82 crashes, 761 near crashes, and 8,295 critical incidents.

“The huge database developed through this breakthrough study is enormously valuable in helping us to understand—and prevent—motor vehicle crashes,” said Dr. Tom Dingus, director of VTTI.

In addition, a follow-on analysis to the 100-Car Study has also been released. Focused on the types of driver inattention and their associated risk, key findings include:

- Drowsiness is a significant problem that increases a driver’s risk of a crash or near-crash by at least a factor of four. But drowsy driving may be significantly under-reported in police crash investigations.
- The most common distraction for drivers is the use of cell phones. However, the number of crashes and near-crashes attributable to dialing is nearly identical to the number associated with talking or listening. Dialing is more dangerous but occurs less often than talking or listening.
- Reaching for a moving object increased the risk of a crash or near-crash by 9 times; looking at an external object by 3.7 times; reading by 3 times; applying makeup by 3 times; dialing a hand-held device (typically a cell phone) by almost 3 times; and talking or listening on a hand-held device by 1.3 times.
- Drivers who engage frequently in distracting activities are more likely to be involved in an inattention-related crash or near-crash.

However, drivers are often unable to predict when it is safe to look away from the road to multi-task because the situation can change abruptly leaving the driver no time to react even when looking away from the forward roadway for only a brief time.

The 100-Car Study and its follow-on analysis were co-sponsored by NHTSA, the Virginia Transportation Research Council (the research division of the Virginia Department of Transportation) and Virginia Tech.

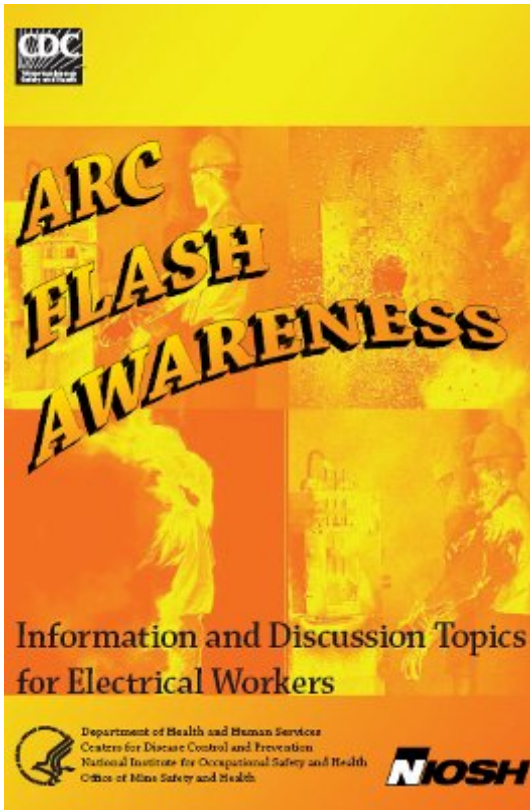
The background and results of both studies are available on NHTSA’s website under Research and Development at <http://www-nrd.nhtsa.dot.gov/departments/nrd-13/newDriverDistraction.html>

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Did you know that this info is available for download, free?? Here's a link:  
[www.cdc.gov/niosh](http://www.cdc.gov/niosh)

Excellent educational information that almost all employers need to know!



#### Ordering Information

Copies of National Institute for Occupational Safety and Health (NIOSH) documents and information about occupational safety and health are available from:

NIOSH-Publications Dissemination  
 4676 Columbia Parkway  
 Cincinnati, OH 45226-1998

FAX: 513-533-8573  
 Phone: 1-800-35-NIOSH  
 (1-800-356-4674)  
 Email: [pubstaft@cdc.gov](mailto:pubstaft@cdc.gov)  
 Web: [www.cdc.gov/niosh](http://www.cdc.gov/niosh)

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