



Insurance Loss Control Association

ILCA E-News July, 2010

ILCA

Founded by and dedicated to the professional insurance company loss control representative

CONFERENCE DATES FOR 2010: October 4, 5 and 6, 2010 DOUBLETREE, Worthington/Columbus, Ohio

This year ILCA will provide a small conference space which will accommodate up to 15 people should you wish to hold a separate meeting with your team. Hours available will be 8AM-9PM Monday and Tuesday, 8AM to 2PM Wednesday. Call or drop Betty Ayrton a line to reserve your space. This Conference space will be available to you at no charge.

Call: (717) 898 9056 or bayrton@aol.com

FIRST COME AVAILABILITY! Reserve now!

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PRESIDENT'S NOTE

Good day to everyone!

Our Board and Coordinator have been working hard during the first half of 2010 to put together an exceptional program for our upcoming ILCA Convention in October. The new venues will include a tour of the construction site at The Ohio State University Medical Center by Turner Construction Company, or a separate tour of OSU Ergonomic Labs. New and added seminars will compliment the tour throughout your 3 day stay.

We will return to the hotel and hold a short one-half hour roundtable discussion to review your observations for both Construction and Ergonomics. This will allow you time for further discussion and summarization of your experience as it applies to Loss Control.

We always want your input to new ideas for the Association and a constant handshake and smile for any new members that you can bring into the fold. The market is still soft, but education and added membership does not stop. It is a great opportunistic period for all of you.

Please contact any of us on the Board. We work for the betterment of your future.

Respectfully,

Russ Howard-President

Regional Account Manager-Midwest Technical Inspections

TOURS AT OUR CONFERENCE

If you choose to do the Ergonomics tour you will be visiting the Biodynamic Laboratory and Center for Occupational Health in Automotive Manufacturing, two great labs at the Institute of Ergonomics at The Ohio State University.

The Construction tour will be the Billion Dollar addition to The Ohio State University Hospital by Turner Construction Company.

When registering for the Conference please be sure to mark your preference. Don't forget your safety equipment for the Construction Tour. Hard Hat, Vest, Safety Glasses, closed toed shoes will be required. If you do not have this equipment it can be provided by ILCA. Be sure to mark off your safety equipment needed on the registration form.

Sign up early! Space may become limited.

IMPORTANT WEBSITES AND LINKS

Safety Training in an employees native language can help avoid costly accidents and claims. This issue also continues to be at the top of OSHA's list. Visit this link to see what tools are available for free through OSHA's web site. http://www.osha.gov/dcsp/compliance_assistance/index_hispanic.html

New NFPA 1600 Available Free Online

NFPA 1600, Standard on Disaster/Emergency Management and Business Continuity Programs, An important business continuity standard for employers of all sizes, public or private, is available in its new 2010 version free online from the National Fire Protection Association, which holds the copyright on the NFPA 1600 standard but has consistently made it available to the public. Consequently, it is one of NFPA's most widely implemented standards -- one that has been adopted by the U.S. Department of Homeland Security as the national preparedness standard and also designated by DHS as a "Qualified Anti-Terrorism Technology." www.nfpa.org.

Coffee Break Training - Fire Protection Series



Commercial Cooking: Grease Duct Cleaning Access

No. FP-2010-19 May 11, 2010

Learning Objective: The student shall be able to identify the requirements for grease duct cleaning access.

Grease ducts from commercial cooking operations carry flammable grease/air mixtures to the open atmosphere. They must be designed and installed to minimize internal grease accumulation and have adequate access for cleaning.

To facilitate cleaning, openings like the one pictured should be provided at the sides or at the top of the duct, whichever is more accessible, and where the duct changes direction. On nonlisted ductwork, the edge of the opening should be not less than 1-1/2-inch (38.1 mm) from all outside edges of the duct or welded seams.

On horizontal ducts, at least one 20 by 20-inch (508 by 508 mm) opening should be provided so the duct can be entered for cleaning. Where an opening of this size is impossible, openings large enough to permit thorough cleaning should be provided at 12-feet (3.7 m) intervals. Openings on horizontal grease duct systems should be provided with safe access and a work platform when they are not easily accessible from a 10-foot (3 m) stepladder.



This duct access panel should be fully attached and the corrosion checked for potential failure points.

On vertical ductwork where personnel entry is possible, access should be provided at the top of the vertical riser. Where personnel entry is not possible, adequate access for cleaning should be provided on each floor through which the duct passes on its path to the rooftop discharge.

Access panels should be made of the same material and thickness as the duct. Access panels should have a gasket or sealant that is rated for 1,500 °F (815.6 °C) and should be greasetight. Fasteners, such as bolts, weld studs, latches, or wing nuts used to secure the access panels should be carbon steel or stainless steel and should not penetrate duct walls.

Listed grease duct access door assemblies (access panels) should be installed in accordance with the terms of the listing and the manufacturer's instructions.

All ducts outdoors should be protected by paint or other suitable weather-protective coating. Ducts constructed of stainless steel are not required to have additional paint or weather-protective coatings. Ductwork subject to corrosion should have minimal contact with the building surface.

For additional information, refer to National Fire Protection Association 96, Standard for Ventilation Control and Fire Protection of Commercial Cooking Operations, Chapter 7, or International Mechanical Code, Chapter 6.



For archived downloads, go to:

www.usfa.dhs.gov/nfa/coffee-break/

New OSHA Training Emphasizes Workers' Rights

Jun 15, 2010

"Introduction to OSHA," a new training component emphasizing workers' rights, is required content in every OSHA 10- and 30-hour Outreach Training Program class. The agency said it developed the information in support of the Secretary of Labor's goal of strengthening the voice of workers.

The information in the program affects hundreds of thousands of workers who complete Outreach Training Program classes each year, and more than 50,000 authorized OSHA Outreach Trainers. It focuses on the importance of workers' rights and advises them of their right to:

- 1. safe and healthful workplaces;
- 2. know about the presence and effects of hazardous chemicals;
- 3. review information about injuries and illnesses in their workplaces receive training;
- 4. request/file for an OSHA inspection and participate in the inspection; and
- 5. be free from retaliation for exercising their safety and health rights.

"For too long workers have avoided making claims of unsafe work conditions out of fear of losing their jobs," said Assistant Secretary of Labor for OSHA David Michaels. "We are confident that this new training will embolden workers to speak up when they find work practices that endanger their lives and the lives of their co-workers."

During the 10- and 30-hour outreach training program classes, OSHA trainers will cover topics on whistleblower rights and filing a complaint, and will provide samples of a weekly fatality and catastrophe report, material data safety sheet, and the OSHA Log of Work-Related Injuries and Illnesses. Trainers can obtain test and answer sheets from their authorizing training organization.

The OSHA Outreach Training Program is a voluntary program that seeks to teach workers about their rights and how to identify, reduce, avoid, and prevent job-related hazards. The program includes 10- and 30-hour courses in construction, general or maritime industry safety, and health hazard recognition and prevention that is taught through a network of OSHA-authorized trainers. Over the past three years, nearly two million students have received training through this program.

For more information on the "Introduction to OSHA" program, including PowerPoint slides used in the instruction and PDFs of the program's handouts and Instructor Guide, go to www.osha.gov/dte/outreach/teachingaids.html.

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The Institutes are offering a new risk management course entitled Enterprise-Wide Risk Management

The ERM course consists of both self-study and classroom-based learning that presents comprehensive, leading-edge ERM theory and practice. In this self-study course, you learn the material at your own pace using the Institutes' in-depth practical study materials. In the companion seminar (conducted by RIMS), you improve your ability to apply ERM principles and practices.

The ERM 57 exam consists of six to 12 short-answer essay questions and four to six comprehensive application cases (each consisting of several essay questions) and examinees will have three hours to complete the exam.

This advanced course not only provides you with the practical technical skills you need to develop and implement an ERM program in your organization; it can also give you a respected industry credential.

When you pass the ERM course examination you will earn recognition of your achievement:

- If you already hold the ARM designation, you will earn the Associate in Risk Management-ERM (ARM-E) designation.
- If you are not an ARM designee, you will earn a certificate of completion. However, if you should earn the ARM
 designation in the future, you would also earn the ARM-E designation at that time.

Thanks to our vendors and sponsors!

Please visit the ILCA Website. Follow the links to our Vendor Directory for info about these companies and their services:

To our sponsors, thank you so much! Your assistance and support are greatly appreciated!



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Website ad space is available. Website banner ads can be arranged. We welcome your inquiry!

Coming next issue: For our members that do residential surveys, a review of key considerations in making the residential survey for fire and GL. One of the resources will be, Solomon, Robert E., One and Two Family Dwelling, National Fire Protection Association Fire and Life Safety Inspection Manual -8^{th} Edition

CONFERENCE AGENDA (Subject to change)

Monday, October 4th, 2010

7:30 am Registration Outside Cedar

Upper Terrance Continental Breakfast

8:00 General Session Welcome & Opening Remarks

The Cedar Russ Howard, ILCA President 2010

8:15-10:15 General Session "NFPA 101"
The Cedar Jack Arcouette

American Hardware Mutual

10:15-10:30 Break

Upper Terrace

5:15-6:15

Upper Terrace

Concurrent Sessions

The Cedar

"Hearing Loss Risk

Arena District

"Basics of Electricity"

Management" Doug Bennett Dr. Theresa Schulz Midwest Technical Hearing Conservation Manager Sperian 11:45-1:00pm Lunch Upper Terrace 1:00-2:15 "The Safety and Liability Impacts of RF Radiation from Wireless Transmissions General Session Sites" Richard J. Burnheimer, VP, Risk Management and Environmental, Health & Safety, RF The Cedar CHECK, Inc. 2:15-2:30 **Break** Upper Terrace 2:30-4:00 "Sprinklers NFPA 13 and 13R" General Session Rob Heising, Fire Safety Inspector The Cedar Ohio State Fire Marshall Department 4:00-5:00 "What Loss Control Means to Reinsurance" General Session Kent L. McCampbell CPCU, Are, Assistant Secretary The Cedar **EMC Insurance Companies** 5:00-5:15 **Closing Remarks** General Session Russ Howard, President, ILCA 2010

Dinner on your own

Sponsored by: ILCA

Tuesday, October 5th

7:30 am *Upper Terrace*Continental Breakfast

Reception

8:00-9:00 General Session

The Cedar

"Safe Practices for Motor Vehicle Operations/Managing Non-

Regulated Fleet Risk"

Peggy Ross, MS, RN, COHN-S/CM/SM, CSP

Corporate Manager, Environment Health and Safety

Baxter Healthcare Corporation

9:00-9:15

Upper Terrace

9:15-10:15

"Inland Marine"

Break

Lunch

The Cedar

Ronald J. Hein, CNA

10:15-11:45

"Building Valuation System"

The Cedar

The Cedar

Jim Paprocki, MSB

11:45-12Noon

"Overview of Pertinent Information from Underwriter's Breakout Session"

Barry Reutter, ALCM, CSP, CPCU, Central Insurance Companies

12:00-1:00pm

Upper Terrace **1:25-1:30**

LOAD BUSES FROM LOBBY TO FIELD TRIPS TO THE OHIO STATE

UNIVERSITY. Please be sure you are on the correct bus.

If you are visiting the construction site, bring your hard hat, vest, safety glasses and closed toed shoes or boots. If you requested that we provide these materials they will be available on the bus. Without proper attire you will not be permitted

on the construction site.

Thank you for your cooperation.

4:00 SHARP

Load buses from The Ohio State University for the return trip to the Hotel.

4:30-5:00

The Cedar

Concurrent Sessions

The Cedar	Arena District
"Round Table Discussion for Construction Tour"	"Round Table Discussion for Ergonomics Tours"
Phil Hastings, Motorist Group	Scot Gudenrath, Country Financial

Dinner on your own!

Wednesday, October 6th

7:30 am Continental Breakfast

The Terrace

8:00-8:15 General Session "ILCA Business Meeting"

The Cedar Russ Howard, President

8:15-8:30 General Session "Safety Jeopardy"

The Cedar Brock Bell, Brotherhood Mutual Insurance Company

8:30-10:15 General Session "Restaurant Liability"

The Cedar Bruce E. Ayrton, President

Bruce E. Ayrton, Inc.

10:15-10:30 Break

The Terrace

10:30-11:30 General Session "Machine Guarding"

The Cedar Aaron Priddy. Region V Machine Guarding Coordinator

OSHA, Cleveland Area Office

11:30-11:45 General Session Closing Remarks

The Cedar Scot Gudenrath, ILCA President

Adjourn