



# Insurance Loss Control Association

ILCA E-News

June 30, 2008

## **President's Message:**

Fellow ILCA members and loss control professionals:

### **2008 Conference News!**

Planning for our October 2008 conference in Columbus, OH area is proceeding on schedule. We will convene at the Doubletree Hotel in Worthington OH, at US Hwy 23 and I 270. The committee has worked hard to put together a great lineup of speakers to educate us. The quality will be tremendous and the topics covered will be varied and timely. Please plan to join us in Worthington in October for one of the best conference values you will find in the loss control continuing education field. You can sign up on line at [www.insurancelosscontrol.org](http://www.insurancelosscontrol.org).

### **2008 – 2009 dues**

You should all have received a dues notification and a reminder to pay your fiscal year dues. If you have paid - thank you very much. If you have not, please take a moment right now and pay your dues. You can do so online at [www.insurancelosscontrol.org](http://www.insurancelosscontrol.org) or you can pay by check if you choose. Conference receipts and expenses are just about a wash, so these annual dues are necessary to support the organization expenses throughout the rest of the year

### **[www.insurancelosscontrol.org](http://www.insurancelosscontrol.org)**

Take a look at the new and improved [www.insurancelosscontrol.org](http://www.insurancelosscontrol.org) website. Webmaster Jeremy Burlison and Administrative Coordinator Betty Ayrton have collaborated in creating an appealing and user friendly website for our organization.

### **ILCA Sponsorship/advertisers**

I ask all of us, as ILCA members, to be sure to check the advertisements in the eNews and on the website and support these valuable partners. These organizations offer great services of value to the loss control profession. Be sure and thank them for their sponsorship and support of ILCA.

### **Other News**

Like most all organizations, each year ILCA loses some members due to retirements, relocations, and the like. We need all members to be active recruiters for the organization to not only replace those losses but add new, young, vibrant, eager, diverse members to the rolls. Recommend ILCA to your acquaintances in the loss control profession. Promote membership and conference attendance to other individuals and company staffs. ILCA itself, and the annual conference, remain tremendous continuing education bargains. Dan Finn at (800) 223-2310 x 223 or [Dan@us-reports.com](mailto:Dan@us-reports.com) is the ILCA membership committee chair. If you have a recruit that needs a personal contact, please let Dan know. He and his committee will take care of it.

ILCA continues to be an outstanding opportunity for professional development!

**Your comments and suggestions are always welcome!**

**Jack Williams, CSP, ARM, ALCM  
2008 President, ILCA**

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### **Feature Articles:**

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## 2008 Annual Conference

October 13-15th, 2008  
Doubletree  
Columbus, OH

On behalf of the Insurance Loss Control Association, we invite you to join us for the

**2008 ILCA Annual Conference  
At the  
Doubletree Inn Columbus/Worthington  
Worthington, OH**

We are sure you will find this year's program informative, educational, and worthwhile, as well as an opportunity to network with fellow members of the insurance loss control profession.



*DoubleTree Hotel. Worthington, Ohio*

### Invite Your Underwriters!

This year we want to continue something that began a couple of years ago; inviting our underwriters. We have had several underwriters attend the conference over the past few years with very positive feedback. This gives them the opportunity to learn a bit more about the technical side of some of the operations that they insure. A bit of technical background will assist them in understanding reports from their loss control counterparts. Pass the word; invite the underwriters at your company.

### Topics of the Conference

An outstanding program is being planned and will include some great topics of interest to loss control professionals. Be sure and check it out.

#### **Topics will include:**

**Sprinkler System Testing & Maintenance  
Forklift Safety  
Future of Loss Control  
Transitional Work Program  
Dust Explosions  
Boilers**

**Disaster Planning, Being Prepared for the Big One  
Tower Cranes  
NFPA 70 E  
Fleet Safety ANSI Z15.1 Standard  
A Basic Understanding of Behavior Based Safety**

#### **Are you a CSP?**

Individuals who achieve the Certified Safety Professional (CSP) certification must meet recertification requirements every five years through the Continuance of Certification (COC) program. A CSP must achieve 25 points from among ten categories of activities in order to maintain certification.

Simply as a member ILCA you can obtain 1 point per year. This credit comes under the category of Safety Organization/Division Membership.

By attending the ILCA Conference you can earn one credit point under the category for Professional Development Conference Attendance. Serving as an officer of our organization can also earn you a point under the category for Professional Service.

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Information obtained from [www.bccsp.org](http://www.bccsp.org). the publication outlining in detail and containing the rules which apply to a CSP.

We are confident you will find ample opportunity to strengthen your skills. Many of our speakers were suggested by members and come highly recommended with many years of experience in their fields and the ability to communicate their topics well.

### **Hotel Location-- Lots to Offer!**

Doubletree Hotel Columbus/Worthington  
175 Hutchinson Avenue  
Columbus, OH 43235  
Information about the hotel: [www.doubletree.com](http://www.doubletree.com)  
(Columbus/Worthington)

### **Doubletree Hotel**

The Doubletree Hotel Columbus/Worthington is a relaxing hotel located in the cross-woods community of Worthington, just off the 270/71 Interchange. The Doubletree Hotel Columbus/Worthington is located just one mile from the town center of "Downtown" Worthington.

### **Need Your Help!**

Just a heads up. When registering for the conference in October, please make reservations at our conference hotel if possible. They have offered us a very competitive room rate, \$99.00, and we have committed to them for a specific number of room-nights. (Their normal room rates begin at \$129). If we meet our quota, the association saves on conference room costs and other fees. When you reserve your rooms at the hotel, be sure and mention that you are with the ILCA conference so that you obtain the special room rate. You may call: 614-885-3334 or 1-800-870-0349. Thanks for your support. The Doubletree is a great hotel! You will enjoy!



*DoubleTree meeting facilities*

### **Reservations by Phone**

Make your reservation now! Call the Doubletree Columbus/Worthington at their toll free number at their toll free number at 1-800-870-0349 or 1-614-885-3334. Be sure to mention Insurance Loss Control to receive your discount.

### **Special Room Rate**

Rooms are blocked from October 13-15, 2008. The group rate will be honored three days pre/post conference, based on availability. Yup, bring the family!

Reservations must be made by **September 21, 2008** in order to receive the ILCA discounted room rate.

### **Conference registration**

Conference registration is available through the website! You can also register by sending your check to ILCA C/O Betty Ayrton, 118 Treetops Drive, Lancaster, PA 17601. Print your registration form and mail with your check. Conference cost \$345.00 for members of ILCA, and \$395.00 for non-members.

### **Mark Your Calendar**

Reserve the dates and mark your calendar to attend ILCA 2008. Look for more details on the ILCA website at [www.insurancelosscontrol.org](http://www.insurancelosscontrol.org).

### **Columbus/Worthington**

Located north of the city, the Doubletree Hotel Columbus/Worthington offers an upscale design in a popular suburban setting. Conveniently located within the Crosswoods development right off St. Rte 23 and the I-270 outer belt, the hotel is surrounded by more than 25 fine restaurants and a movie theatre complex. Just minutes away from Worthington Industries, JP Morgan Chase, PPG Industries, and the new Polaris Fashion Place Mall. Enjoy championship golf tournaments 10 minutes away from our hotel at the Muirfield Village Golf Club or plan a fun day at the Columbus Zoo. ed on the banks of the Scioto River in Buckeye Country, Columbus is one of the fastest growing economies in the US, driven by high-tech companies such as CompuServe. The capital of Newly Renovated 17,000 sq. ft. of Meeting Space

**Columbus/Worthington Shopping**

**Interested in shopping?**

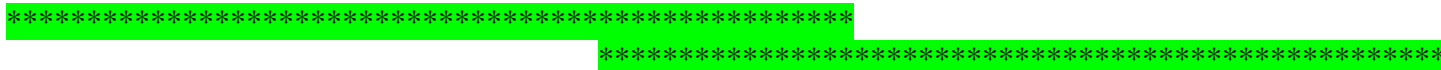
Worthington Square Mall	0.70 mi
Continent Mall	1.89 mi
Polaris Town Center	2.42 mi
Polaris Fashion Mall	2.47 mi
Polaris Fashion Place	2.60 mi
Graceland Shopping Center	3.39 mi
NorthPointe Plaza	3.55 mi
Columbus Square	3.97 mi
Northland Mall	4.22 mi

**Make it a vacation** with your spouse and come for the weekend as well. Your boss called--you deserve a little R&R!

**Additional Information**

To explore further the activities available in Worthington be sure to go to the website. Their website is [www.worthington.org](http://www.worthington.org)

**See you at the Doubletree, October 13-15th, 2008!**



**SPONSORSHIP AND ADVERTISER FEES ANNUAL CONFERENCE 2008**

Any company participating in sponsorship and/or advertising in the 2008 Conference will also receive free advertising in ILCA eNews for one year. You need only provide your business card.

**Conference Partner Recognition \$3,000.00**

Includes exhibit space and 2 full registrations. (Registrations must be in our hands by 9/15/08). We welcome you to make a two minute "presentation" to the attendees during the conference. We will insert your 3 hole punched brochure into our conference binder. Thank you.

**Event Sponsor**

Sponsor specific portions of the conference. We will announce and recognize your company before the break or meal that you sponsor.

<b>Breakfast</b>	<b>\$500.00</b>
<b>Morning Break</b>	<b>350.00</b>
<b>Lunch</b>	<b>1,000.00</b>
<b>Afternoon Break</b>	<b>350.00</b>

**Advertising in the Conference Binder**

B&W advertisement in the conference binder (you provide the **one side page** finished document, we produce in black and white and include in the binder). Materials need to be in our hands by **September 1, 2008**.

**B&W one side page (8 1/2 x11) 150.00**  
**B&W two sided 250.00**

Color advertisement, brochure, or flyer we will add to our binder. These **must be 3 hole punched**. Materials need to be in our hands by **September 1, 2008**.

**Color, 3 hole punched, one side page 150.00**  
**Color, 3 hole punched, two sided 250.00**

**Exhibitor Space**

**1 Table - One day only 200.00**  
**1 Table – Entire Conference 350.00**

**Circle or check off your preferred selection and forward with check to the ILCA address provided at the top of this form.**



**New Web Site Link**

**Educational resources!**

ILCA continues to be an outstanding opportunity for continuing education for the loss control professional. With this goal in mind we have added an area to the website to provide links to training and educational resources. Follow the link for "Education" and then "Training Resources."

[www.insurancelosscontrol.org/](http://www.insurancelosscontrol.org/)

**Membership Renewal**

Thank you for taking the time to go online and renewing your membership! Membership renewal is now only \$75. The membership year is from July 1 through June 30 annually. The ILCA website is

[www.insurancelosscontrol.org/](http://www.insurancelosscontrol.org/).

Follow the link for "Join ILCA/Pay Dues."

**Thanks to our vendors and sponsors!**

**Please visit the ILCA Website. Follow the links to our Vendor Directory for info about these companies and their services:**

To our sponsors, thank you so much! Your assistance and support are greatly appreciated!

Website ad space is available. Website banner ads can be arranged. We welcome your inquiry!

**US-Reports, Inc.**  
Local Regional National  
www.us-reports.com | 800-223-2310

**US-Reports, Inc.**  
5802 Wright Drive  
Loveland, CO 80538  
Toll Free: 1-800-223-2310  
Phone Number: (970) 593-9888  
Fax Number: (970) 278-0621

**Midwest Technical  
Inspections, Inc.**



**Midwest Technical  
Inspections, Inc.**  
5555 Arlington Drive East  
Hanover Park, IL 60133  
Toll Free: (800) 451-5621  
Phone: (630) 894-4110  
Fax: (630) 539-4526

**TRANSTAR**  
Technical Services, Inc.

**TranStar  
Technical Services, Inc.**  
3225 Shallowford Rd., Ste 230  
Marietta, GA 30062  
Toll Free: 1-800-993-2990  
Phone Number: (678) 236-9005  
Fax Number: (678) 236-9014

**Insurance Systems, Inc.**

81 The East Mall, Suite 101  
Toronto, ON  
Toll Free: 1-877-777-2231  
Phone Number: (416) 249-2260  
Fax Number: (416) 249-8935

Fax: (630) 539-4526

**ISI Insurance Services**

P.O. Box 458  
Chalk Hill, PA  
Toll Free: 1-800-837-8506  
Phone Number: (724) 329-1525  
Fax Number: (724) 329-1529

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## Ergonomic Tips for the Professional Driver

Sitting in your company vehicle for long periods of time can create pressure on your spine & result in lower back pain. Over time, the combination of bad posture and vibration can have a cumulative effect. Slouching or sitting with a flexed, rounded posture can impact the spine, particularly the discs. But if drivers position their seats correctly to help maintain good posture, the additional lumbar support will help alleviate disc pressure & muscle strain. Here are some suggestions:

- Maintain your line of sight & locate a good sitting position with your feet flat on the floor.
- Adjust the seat back by starting in an upright position at a 90 degree angle, then tilt back between 8-12 degrees (this lowers pressure on your spine).
- Adjust lumbar supports to prevent lower back strain.
- Make sure you can reach the accelerator & brakes.
- Use your oscillator to reduce transmission of vibrations through your seat.
- Lay the steering wheel into your hands & make sure you do not elevate your shoulders.
- Use the armrests to prevent pressure on discs when not driving in heavy traffic.
- Do not engage in physical activities after driving for a long time - prolonged seat posture makes your spine vulnerable to injuries.

## Highway Work Zones

Summers here and that also brings back the familiar sight of bright orange vests, cones, and signage along roadways warning drivers to slow down in construction zones. According to the Federal Highway Administration, in 2005, 1,074 people were killed and 37,653 were injured in work zone crashes. That figures out to one fatality every eight hours. Four out of five victims were motorists - not members of road crews.

Here are a few work zone safety tips:

- Expect the unexpected
- Slow down
- Do NOT tailgate
- Keep a safe distance between you & the car ahead of you
- Pay attention to the signs
- Obey road crew flaggers
- Minimize distractions & stay alert
- Keep up with traffic flow
- Expect delays & schedule enough time to drive safely
- Stay calm & be patient

## Plumber Electrocuted digging trench

A plumber excavating a trench was electrocuted after striking a 13,000 volt underground line in West Philadelphia, causing a short circuit that shut service to 1,300 customers.

A spokesman for PECO energy said the contractor has failed to notify utility companies before digging. The plumber's equipment came in contact with the high power line killing him instantly. Under state law anyone planning to excavate is required to call the PA One Call System three days in advance so that utilities can mark the location of underground lines.

The FCC in 2006 assigned the number 811 as the National One Call number that anyone can use to contact companies to locate underground lines.

## Fatality Assessment and Control Evaluation (FACE) Program

On February 1, 2006, a 22-year-old drywall installer fell from a scaffold while hanging sheetrock at a construction project at a private residence, and died 2 days later. The installer had been on the job only 2 weeks and was inexperienced. He was working with a lead worker as a two-man crew. The two workers arrived at the site in the morning, where a barn was being converted into a shop, and set up a scaffold to a height of about 7 feet. The scaffold was placed about 1 foot from the wall, the lead worker locked the wheels on his end, and the two workers climbed onto the scaffold to hang 12-foot pieces of sheetrock on the shop wall. The installer was holding the sheetrock against the wall when the scaffold suddenly moved backward, causing him to lose his balance and fall. He hit his head on the concrete floor. The victim was transported to a hospital, where he died 2 days later



The scaffold used by the drywall installer and his lead man in this incident had only a single plank on the deck.

### Recommendations:

- Workers on mobile scaffolding should double-check the structural stability of the scaffold and ensure that wheels are locked before mounting the work platform.
- A competent person must supervise the erection and use of scaffolds.
- Employers must ensure that construction workers are trained to identify, understand, and control fall hazards.
- Employers should use guardrails on scaffolds wherever practicable.

Website: [www.cdc.gov/niosh/FACE](http://www.cdc.gov/niosh/FACE)